





	SUN	MON	TUE	WED	THU	FRI	SAT
-		u Elmwood ihops corne		STUFFED SHELLS CEASAR SALAD DINNER ROLL DESSERT	2 CRISPY CHICKEN SANDWICH FRENCH FRIES DESSERT	3	4
	5	6	7 No Lunch	8 CHICKEN MARSALA MASHED POTATOES GREEN BEANS DESSERT	9 CHICKEN POT PIE SIDE SALAD DESSERT	10	
	12	13	14 PULLED PORK MAC N CHEESE Broccoli Dessert	15 CHICKEN PICCATA OVEN POTATOES MIXED VEGGIE/ROLL DESSERT	16 BEEF LASAGNA Side Salad Dessert	17	18
	19	20	21 Shepherds Pie Mashed Potato Dessert	22 TURKEY DINNER STUFFING MASHED BUTTERNUT DINNER ROLL/DESSERT	23 STUFFED PEPPERS QUINOA, SAUSAGE SIDE SALAD DESSERT	24	25
	26	27	28 CHICKEN MARSALA Cauliflower Barley Risotto Dessert	29 BAKED MEATLOAF MASHED BUTTERNUT DINNER ROLL DESSERT	3O Spaghetti & Meatballs Side Salad Dessert	31	

Elmwood - Tuesday/Thursday - Rising Star Cafe Bishops Corner - Wednesday - Effies Family Restaurant *Lunches are partially funded thanks to a Senior Center Grant

Cost: \$5.00 Member, \$5.00 Resident, \$8.00 Non-resident Register by Friday at 12:00 for the following week's Lunches Register online: https://westhartford.recdesk.com/community/home call 860-561-7583 (Bishops) 860-561-8180 (Elmwood)